



HITEC-IMS NEWSLETTER



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Committee Members:

Patron

Maj Gen. (R) Hamid Shafique
Prof. Dr Irfan Shah

Committee

Asst. Prof. Dr Sadia Israr (Incharge)
Prof. Dr Irum Tasadduq
Dr Kiran Rasheed
Mr Muhammad Mohsin Ali

Messages

Dr Hamid Shafique, Principal HITEC-IMS

We are really proud of our pioneer batches of MBBS and BDS who had their convocation recently. We are lucky of being honored by our chancellor H E President of Pakistan Dr Arif Alvi to be our chief guest at the 1st convocation of HITEC IMS. It was also a proud privilege to have our new chairman Maj. Gen Shakir Ullah Khattak, HI(M) to guide us promptly on certain arrangements though he joined HIT just a day earlier.

By the grace of Allah Almighty everything went very smoothly through efforts of faculty, administration and helping staff.

Congratulations young doctors. We and your parents are proud of you.

All of your hard work and perseverance have led you to this honorable moment in your lives. Best wishes on your next adventure!

Thank you for giving me the opportunity to be a part of your journey.

I hope and I pray that you will come up to the expectations in future which humanity demands from you as a Massiha.



Dr Irfan Shah, Principal Dental College, HITEC-IMS

Assalam o Alaikom

Welcome to this new issue of our HITEC-IMS Newsletter. This three-monthly periodical is now a well-established publication – Masha Allah – highlighting all the activities of our two colleges taking place in the past three months. Dental College takes pride in taking the responsibility of its regular and timely publication and giving all departments of both colleges ample opportunity to showcase their activities.



The past three months were special and eventful in several ways. First and foremost is the change of HIT command. Then we organized our first ever convocation. And then Dental College collaborated and facilitated Rehman College of Dentistry, Peshawar in organization of the International Conference of Health Research (ICHR- 2023).

This issue will highlight and update the readers on these and many more activities taking place from April to June 2023. Enjoy reading this issue and see the main highlights of HITEC IMS over the last three months.

HITEC – IMS Bids Farewell to the Outgoing and Welcomes the Incoming Chairman HIT

Lt. Gen Syed Amir Raza HI(M) served as Chairman HIT for almost three years. Throughout his tenure as Chairman HIT, he was a constant source of guidance, support, and encouragement to all HITEC educational institutions. HITEC – IMS will always remain indebted to the outgoing Chairman for encouraging and appreciating the students, faculty, and administration. HITEC – IMS wishes all the best to Lt. Gen. Syed Aamer Raza for his new assignments.

Maj. Gen. Shakir Ullah Khattak HI(M) has joined as Chairman HIT. He actively facilitated the organization of the first ever convocation of HITEC – IMS. Medical College and Dental College HITEC-IMS look forward to continued support and guidance of the new Chairman and wishes him all the best for his new assignment.



National & International Collaborations

International Conference on Health Research (ICHR- 2023)

Dental College HITEC-IMS has established linkages and signed collaboration and cooperation Memorandum of Understanding (MOUs) with several colleges and universities across the country. As part of these agreements, we collaborated with and facilitated Rehman College of Dentistry (RCD) and Rehman Medical College (RMI) in organizing the International Conference on Health Research (ICHR -23). The conference was held at RCD / RMI Peshawar on June 20, 2023 to June 22, 2023.

The Dental College organized two pre-conference workshops on research and biostatistics. Principal Dental College, Prof. Dr. Irfan Shah, was invited as jury member for oral presentations and as guest keynote speaker. The topic of his speech was 'Ethical Considerations in Clinical Research'. Also, a group of house officers from Dental College participated in the conference poster competition.

The Dental College's contributions towards the success of the conference were acknowledged and appreciated during the inaugural and concluding sessions. A shield of appreciation was awarded and received by the Principal and the HITEC delegates.



Convocation of Medical College and Dental College

The first convocation of HITEC-IMS comprising of Medical College and Dental College was held on May 25, 2023. A total number of 87 graduates were awarded MBBS and 44 were awarded BDS degrees on this occasion.

The convocation was graced by President of Islamic Republic of Pakistan Dr Arif Alvi as chief guest of the occasion. This auspicious event was also attended by Lt. Gen Wasim Alamgir, HI(M) Vice Chancellor National University of Medical Sciences and Chairman of Heavy Industries Taxila Maj. Gen Shakir Ullah Khattak HI(M). Heads of different medical colleges, all faculty members, students and their parents were also present on the occasion.

The chief guest while addressing the graduates emphasized on the promotion of analytical thinking and advised them to continue their careers in the fields of medicine and surgery. He also urged the new graduates to focus more on preventive care as Pakistan cannot afford curative treatment. In the end he advised youngsters to show gratitude to their parents and teachers always.

Principals of both medical and dental colleges also addressed the audience highlighting the milestones achieved by both institutes in a short span of time.



Preconference workshops of International Conference on Health Research (ICHR- 2023)

Dental College HITEC–IMS organized two clinical research workshops on June 16 and 19, 2023. These pre-conference workshops were part of the academic and research collaborations that Dental College has established with Rehman College of Dentistry, Peshawar. These workshops were:

1. Principles of Clinical Research
2. Hands-on Medical Statistics for Clinicians and Researchers.

International faculty including Dr. Mahmoud Badran from Assuit University, Egypt (via Zoom), Dr. Asif Ali from Gulf Medical University, Ajman, UAE, and national faculty from HITEC Dental College (Dr. Irfan Shah, Dr. Shahreen Zahid Khan, Dr. Saman Malik, Dr. Fatima Tuz Zuhra and Dr. Zerlis Nawaz) facilitated the two



workshops. The participants included student, house officers and faculty of HITEC-IMS. These workshops comprised of short lectures and hands-on exercises on topics including Evidence based Medicine, Research problem identification, designing a clinical research question, study designs, literature search Basic biostatistics, and reference management. Certificates of participation carrying 4 CME hours each were distributed among the participants.



Visit by ISO Team

Representatives of International Organization for Standardization visited HITEC-IMS for the surveillance audit according to ISO 9001:2015 on May 22, 2023. During the visit team was accompanied by the members of Quality Assurance Cell. They conducted inspection and brief was provided by the heads of all departments of the college and hospital. The team appreciated the efforts of the administration and faculty in providing quality education to medical students and health care facilities to patients.

The principal in his note of thanks mentioned that the certification not only enhances the reputation of the college but also increases confidence in the quality of education offered in the college.



Visit by NUMS Affiliated Institutes

Teams from Kharian and Wah Medical College visited our institute. There was a mutual exchange of information regarding standards provided by National Accreditation Framework and working of Quality Assurance department. The requirements for the upcoming inspection were also discussed. Both teams thanked the management, department of Medical Education and Quality Assurance for their facilitation.



Talk by Guest Speaker: “Defining Values Shared by Faculty and Students”

Dental college HITEC IMS arranged a talk by a renowned teacher/psychiatrist Prof Brigadier Mowadat Hussain Rana SI (M) retired on May 3, 2023 at HITEC IMS auditorium. The talk was attended by the members of faculty and students from medical and dental colleges.

Dr. Ambreen Gul introduced the distinguished guest and welcomed him on behalf of the IMS, Taxila. Prof Mowadat Hussain Rana SI (M) delivered the talk in a very interesting manner and focused mainly on “Defining Values – Shared by Faculty and Students”. It was a very informative, interesting and thought provoking session. Students and the faculty gave a positive feedback and

insisted to arrange another session with Brig Rana in future. Towards the end, souvenirs were presented to the honorable guest by respective principals of the dental and medical colleges. The distinguished guest extended his gratitude while leaving HITEC IMS, appreciated the environment and hospitality of the institution and promised to visit again.



Model Presentations

Department of Biochemistry

Model presentation of 2nd Year MBBS (6th Batch) was held on April 11, 2023 in Lecture Hall 2. Maj. General (R) Hamid Shafiq HI (M), Principal, Prof Nasser Dar, Vice Principal, HITEC-IMS were the chief guests. Faculty of Basic Sciences, pre-clinical sciences and 2nd Year MBBS students attended the event.

Topics of Basic Biochemistry with clinical relevance were assigned to students for model preparation and presentations. Topics were comprehensively presented by students followed by question answers session by the audience. The event was extremely valued by students as it facilitated them in integrating basic biochemical principles with diseases.



Department of Anatomy

To highlight the importance of developing a conceptual framework while comprehending difficult topics students were assigned to present the boundaries, contents and clinical conditions of posterior mediastinum through models. The activity was attended by the faculty of anatomy and medical education departments. The efforts of the students and faculty involved in guiding them were appreciated.



Training Session for Faculty

Departments of Medical Education and Information Technology collaborated to arrange a training session on NUMS Objective Medical Examination System (NOMES). The session was arranged to facilitate junior faculty members for smooth conduction of examination process. The session comprised of a presentation by Mr. Wajid Anwar followed by hands on activity. The faculty found the session very useful and appreciated the efforts of both departments.



Workshop on SPSS

Community medicine department at HITEC-IMS organized a workshop on Statistical Package for Social Sciences (SPSS) on May 31, 2023 for junior faculty and June 8 & 9 2023 for students of 4th year MBBS. The workshop was facilitated by Dr Aashi Ahmad, Dr Anwar Bibi and Dr Mehwish Riaz. The aim of the workshop was to enhance the understanding and practical skills of junior faculty members and students in data analysis and research. The workshop covered various aspects like introduction, significance in data analysis, types of data and steps of data entry. The presentation was followed by hands on activity to equip the participants in using SPSS in their respective researches.



Training Session

A workshop on Essential Emergency Medical Procedures was organised by the hospital. The participants included newly inducted doctors and nurses. The session included lectures, discussions, and 'hands-on' Basic skills training. The activity was termed very useful by the attendees.



Note of Thanks

A tea break was arranged by the administration for faculty and staff of medical and dental college as an appreciation of their untiring efforts in arranging the first convocation. Principal's medical college and dental college graced the occasion and thanked every member of the team individually.

