



HITEC-IMS

NEWSLETTER



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MESSAGES

PROF DR ASMA HAFEEZ, ASSOCIATE DEAN BASIC SCIENCES HITEC-IMS

It is with immense pride and optimism that I pen down my message for the seventh issue of the newsletter while I reflect on the journey, we have embarked upon together at HITEC-IMS. It is a privilege to serve as the Associate Dean of Basic Sciences and witness the remarkable dedication and passion exhibited by each member of our esteemed institution reflected by the excellent results adorned with a top university position by our student Muhammad Saqib in second professional MBBS 2024.

At the heart of our mission lies a commitment to excellence in medical education, research, and clinical care. In our pursuit of the same, we must unceasingly strive to innovate and adjust to the evolving landscape of medicine. Our curriculum must remain dynamic, encompassing emerging trends, and based on relevant evidence. Moreover, we must foster an environment that celebrates diversity, encourages collaboration, and empowers students to reach their fullest potential.

As we steer ahead, let us perceive each challenge as an opportunity for improvement. Let us remain steadfast in our dedication to advancing medical knowledge, enhancing patient care, and serving our communities with integrity and compassion. Together, we have the power to transform lives and shape the future of healthcare for times to come.

I extend my deepest gratitude to each member of our team for their unwavering commitment and diligent efforts. Together, let us continue to inspire, innovate, and excel.



ASSOCIATE PROF DR SHAZANA RANA, ASSOCIATE DEAN BASIC SCIENCES DENTAL COLLEGE HITEC-IMS

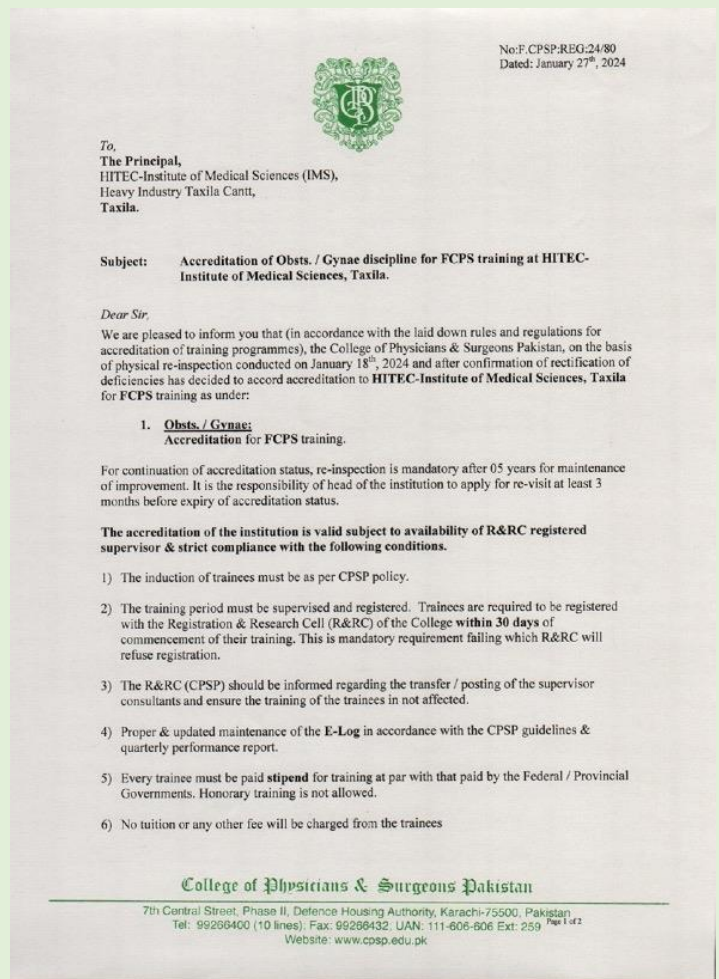
It is with great pleasure and anticipation that I extend my warmest greetings to all of you through this edition of our newsletter. As Associate Dean, it brings me immense pride to witness the incredible dedication and achievements of our faculty, students, and staff members in advancing dental education and patient care. As we embark on this journey together, let us reaffirm our commitment to excellence and collaboration, ensuring that we continue to make a positive impact in the field of dentistry.

Dental college HITEC-IMS, its administration, faculty including myself, we remain steadfast in our pursuit of excellence across all facets of dental education. Whether it be through innovative curriculum enhancements, cutting-edge research endeavours, or impactful community outreach initiatives, we are dedicated to pushing the boundaries of dental education and advancing the field for the betterment of society.



ACCREDITATION OF DEPARTMENT OF GYNAECOLOGY & OBSTETRICS FOR FCPS BY COLLEGE OF PHYSICIANS AND SURGEONS PAKISTAN

After strengthening its foothold in the undergraduate medical education, HITEC-IMS has embarked on the next phase of offering post-graduation in various specialties. In this context, College of Physicians and Surgeons Pakistan (CPSP) sent team for physical inspection of Gynae & Obs departments in order to ascertain its suitability according to the standards laid down by CPSP. The department was accredited for FCPS training. HITEC-IMS owes this accomplishment to incredible teamwork by its faculty and staff under the proficient guidance and leadership of its Principal Maj Gen (R) Hamid Shafiq.



NATIONAL CONFERENCE - YOUNG DOCTORS LEADERSHIP SUMMIT ORGANIZED BY DENTAL COLLEGE ALUMNI

On 25th January 2024, the vibrant halls of Dental College HITEC IMS pulsed with ambition as the Young Doctors Leadership Summit unfolded. This dynamic event, designed to ignite the leadership potential within young medical professionals, offered a captivating blend of learning and engagement. Inspirational “Doc Talks” shared valuable insights, while insightful panel discussions delved into the intricacies of career guidance and professional advancement. Skill development sessions unveiled ground-breaking advancements in dentistry, including 3D diagnosis and treatment planning of implants.

The event garnered participation from prominent dental clinicians and academicians including, but not limited to Prof. Dr. Amjad Mahmood (Margalla College of Dentistry), Prof. Dr. Syed Nasir Shah (Khyber college of dentistry Peshawar), Prof. Dr. Wasim Ibrahim (Foundation University and College of Dentistry), Prof. Dr. Bilal Ahmed (School of Dentistry, SZAMBU), Prof. Dr. Nauman Bari (School of Dentistry, SZAMBU), Prof. Dr Saad Asad (Rawal Dental College), Prof. Dr Anwar Ali Shah (Shifa College of Dentistry) , Prof. Brig. Nazir Khan (AFID and Head of Maxillofacial Surgery), Prof. Dr. Mohtada Hassan (Wateem Dental College), Dr Faisal Malik (Islamic International Dental College), Dr Ambreen Azam (Margalla College of Dentistry), Prof. Dr Alamgir (AMC), Maria Memon (Journalist) and many more.

To foster camaraderie and celebrate achievement, exciting competitions and a mesmerizing Qawali Night rounded out the program.



WHITE COAT CEREMONY & PRIZE DISTRIBUTION

White Coat Ceremony for the newly inducted students was held on 20th February 2024 to welcome students to healthcare practice and elevate the value of humanism as the core of healthcare. This auspicious occasion was graced by the Chairman HITEC Lt General Shakir Ullah Khattak as chief guest. He advised the students to not only focus on academics but also on their character building. Hippocratic Oath was taken by the students signifying their entrance to the medical profession. The ceremony concluded with award of prizes to the students for their outstanding performance in professional examination.



INAUGURATION OF PARACLINICAL DEPARTMENTS

The new block of para-clinical departments was formally inaugurated on 21st Feb 2024. Chairman HIT Maj Gen Shakir- Ullah- Khattak graced the occasion as the chief guest. He had an informal interaction with the students and the faculty. He also appreciated the efforts of administration in providing adequate facilities to the faculty and students for smooth conduction of academic activities. Maj Gen Hamid Shafiq(R) thanked the honourable chief guest for his continuous support.



STUDENTS ANNUAL WEEK

Student's Annual week was celebrated from 26th February 2024 to 4th March 2024 with great zeal and fervor. The teams from medical and dental colleges and school of paramedics participated in this mega event. The event commenced with the opening ceremony followed by an array of activities such as athletics, declamation contest, Qirat and Naat competition and drama competition. A musical event was also part of the week in which both students and faculty membranes enthralled the audience by their melodious voices. Dental college team D-2 won the "champion's trophy" of the year. In closing ceremony medals and certificates were awarded to the winners and runner ups and recognition was given to all the participants for their efforts and enthusiasm. The week was concluded with a prize distribution ceremony followed by annual lunch.



ORIENTATION DAY

An orientation session was conducted for the students of first year MBBS on 24th January 2024. It started with the recitation of holy Quran and Naat khawani by the students of first year. Professor Dr Asma Hafeez (Associate dean basic sciences) shared annual academic calendar. Maj Muhammad Azmat Shakeel (R) (director Students Affairs) briefed the students about code of conduct and shared institutional policies for attendance, financial aid and migration. Dr Salma Ambreen Shahab (AP Medical Education) shared the Vision & Mission, Institutional Outcomes, policies on Electives and issuance/ return of library books. She also explained the types, importance and schedule of feedback collection.

The principal Maj Gen Hamid Shafiq HI(M) talked about the principles of professionalism and ethics.



WORKSHOP AT NUMS

A workshop “Beyond the Silos; Building Holistic Physician through Integrated Learning” was conducted by the NUMS academic directorate. The faculty from the local colleges attended the workshop at the venue while affiliated colleges from all over Pakistan participated via zoom link. The main aim of the workshop was to critically analyse the curriculum and identify levels of integration in all academic years. All institutes participated in the discussion. At the end all colleges were divided into multiple groups and were assigned to review the curriculum and suggest amendments.



WORKSHOP ON 3D DIAGNOSIS & PLANNING FOR DENTAL IMPLANTS

Young Doctors Leadership Summit in collaboration with Department of Oral & Maxillofacial Surgery, Dental College conducted a workshop on '3D Diagnosis & Planning for Dental Implants' as a part of YDLS Conference held on 25th January 2024. The facilitators of the workshop were Dr Uzair Luqman (Islamic International Dental College), Dr Usman Ul Haq (Wah Medical College) Dr Muzaffar Hussain Hashmi Qureshi as online facilitator (University of California Los Angeles USA), Prof Dr Irfan Shah Dr Fatima Khattak and Dr Sadia Moin.

A total of 33 participants attended the workshop from Khyber College of Dentistry Peshawar, Margalla College of Dentistry, Watim Dental College Aero Hospital and Dental College HITEC-IMS. 04 CME credit hours were awarded by the National University of Medical Sciences.

This activity comprised of interactive lectures on considerations of critical anatomical structures, surgical techniques, complications of dental implants and their management, demonstration on CBCT imaging, hands-on practice of implant placement on D2 bone simulators.



WORKSHOP ON PRESCRIPTION WRITING AND P- DRUG

A workshop on Prescription writing and P -drug was conducted by the Pharmacology department on 30th January 2024. Prof Muhammad Munir Ahmad Khan (Head of Pharmacology Department) talked about the parts of a prescription, importance of rational prescribing of a drug and common errors in prescription writing. He also stressed on the ethical aspects of prescribing a drug to the patient.

Dr Naila Abrar discussed about the criteria of selecting a P -drug. It was attended by the faculty and house officers of medical and dental colleges. All participants appreciated the activity and termed it very useful for the house officers who are at the start of their practical life.



WORKSHOP ON MENTORING

A workshop for newly inducted mentors was conducted by Prof Shahid Rauf, Prof Haroon Javed and Dr Salma Ambreen Shahab on 1st February 2024. The session included a presentation explaining rules of mentoring, qualities of a good mentor and ground rules both for mentors and mentees followed by an interactive discussion on various issues faced by mentors already enrolled in the program.



DENTAL COLLEGE TEAM ON PTV WORLD

20th March is celebrated as 'World Oral Health Day' every year around the world. The purpose of celebrating this day is to create awareness regarding oral and dental health, prevention, risk factors, signs and symptoms and treatment of oral and dental diseases including oral cancer.

Dental College HITEC – IMS remains in the forefront and takes pride in arranging several activities including awareness walks and talks, school and community visits, free dental treatment camps and delivering awareness lectures at schools, colleges, and universities. Messages are also conveyed through different print and electronic media.

In the same connection, a team of Dental College was invited to PTV World to discuss the importance of this day on Pakistan's National Television. The team comprised of Prof. Dr. Irfan Shah, Assistant Professor Dr. Shahzonia, and Dr. Maarij Saeed. Dr. Maarij discussed the significance of oral hygiene, dental brushing techniques and prevention of dental caries in children. Dr. Shahzonia discussed the role of orthodontic treatment in maintaining oral health. Dr. Irfan Shah discussed the prevention and timely diagnosis and management of oral cancers. The team also highlighted the facilities and expertise available at HITEC Dental Hospital.



BLOOD DONATION CAMP

A blood donation camp was organized by Students Blood Donation Society on 21st February 2024. It was in collaboration with Thalassemia Welfare Society and Pathwel Centre of Hematology and Bone Marrow Transplant. Students donated blood with full zeal and enthusiasm. Director of Bone Marrow Transplant program Maj. Gen Dr Parvez Ahmed (R) was chief guest of the occasion. He stressed on the importance of prenatal diagnosis and its treatment in eradicating Thalassemia while addressing the audience. Maj Gen Qamar Un Nisa while talking to the students motivated them to pursue their careers in the rapidly advancing field of clinical hematology. The principal Maj Gen Hamid Shafiq (R) thanked the distinguished guests for their valuable talk and appreciated their efforts and dedication in the disease management. The event was concluded with the distribution of shields and certificates to the guests and organizers.

